



EMPOWERING YOUR VOICE WITH Archetypes



Unlock the Feminine Magic in Your
Speaking and Communication

Dominique Oyston

Table of Contents

1. Introduction
2. Root Chakra Voice: The Triple Goddess as Earth Mother – The Wild Woman Voice
3. Sacral Chakra Voice: Aphrodite – The Alchemist and Lover
4. Solar Plexus Chakra Voice: Athena – Wisdom as the Warriress
5. Heart Chakra Voice: Green Tara – Song of the Heart as Heaven on Earth
6. Throat Chakra Voice: Mary Magdalene – Sibyl, Teacher and Truth Speaker
7. Third Eye Chakra Voice: The High Priestess/Seer/Isis/Auset
8. Crown Chakra Voice: Star Goddess/Queen of Heaven/Lalita Devi
9. Conclusion

Introduction

Thank you for being part of the change. My work is to be part of the evolutionary wave of restoring the Feminine Principle to its place of love and respect and sacred lineage once more. My particular expertise within the awakening Mystery of the Feminine is with the voice, performance, archetypes, healing and the Mystery teachings.

Let's fall completely in love with our voice, our gifts, our bodies, our connection and our unique brilliance!

Dominique xx

[Click Here](#)

To join Dominique Oyston's Goddess Voice Academy at the Summit Special Price

Note: This offer will expire at Midnight AEDT on Sunday 21st of January, 2018 at the end of the Summit

© Copyright 2018 GVA Publishing. All Rights Reserved.. This guide may not be reproduced or transmitted in any form without the written permission of the publisher. Every effort has been made to make this guide as complete and accurate as possible. Although the author and publisher have prepared this guide with the greatest of care, and have made every effort to ensure the accuracy, we assume no responsibility or liability for errors, inaccuracies or omissions. Before you begin, check with the appropriate authorities to insure compliance with all laws and regulations.

Every effort has been made to make this report as complete and accurate as possible. However, there may be mistakes in typography or content. Also, this report contains information on online marketing and technology only up to the publishing date.. Therefore, this report should be used as a guide. The purpose of this report is to educate.. The author and publisher does not warrant that the information contained in this report is fully complete and shall not be responsible for any errors or omissions. The author and publisher shall have neither liability nor responsibility to any person or entity with respect to any loss or damage caused or alleged to be caused directly or indirectly by this report, nor do we make any claims or promises of your ability to generate income by using any of this information.

The New Woman

The Dalai Llama, the greatest spiritual representative on the planet, said very clearly:

“The World will be saved by the Western Woman.”

You do realise that means YOU and ME.

We are all rising together.

If you are a woman in business at this time then you are also in the business of Sacred Leadership, of reclaiming your equal place in the world.

The Earth is being decimated around us and we must shake of our doubt, leap over our ancient wounds and take sacred action.

What is your part in the Sisterhood?

What is your task in relation to Mother Nature?

What is your task in relation to your voice?

What does your Wild Woman, Wisdom Warrior Goddess, Light Bearer, Healer Woman self wish to say?

Whether you feel qualified or not, you are a representative of the re-awakening of the heart forces on Earth.

You and I are the weavers of our destiny and we have been called. How will you weave your future?

The Future is Yours

In this E-Book you will learn how to choose the archetypes that you wish to work with to liberate your feminine intelligence and the soul of your voice to create your magical way forward.

The archetypal realm is vast so I have chosen 7 pivotal divine feminine archetypes whose vibrational presence is like lightning rod for your activation. It's like having a spiritual team to empower your voice.

We are all naturally imaginative and respond to imagining with archetypes to create empowered action. We use archetypes unknowingly every day to motivate and support us. But these are also real energies that we can work with to move and shift us towards our destiny according to our intention.

Woman's Voice Rebirthing

Women are now speaking in public and their businesses as leaders, visionaries, change makers and entrepreneurs.

But something is missing. There are things that have been lost.

There are particular abilities that have vanished from the realm of public speaking because women's voices have been banned from being part of the balance of public power.

I am an opera singer and speaking coach but I am also a mystery teacher and healer. I hold a deep and abiding love for nature and the elementals.

My exploration of the ancient feminine has led me to create a system of ideas for the Return of the Feminine Principle of the Voice.

The entire cosmos and all nature are constructed through frequency, vibration and sound. Women know this. Women sense this. Women are tuned physically, emotionally and spiritually to the cycles and rhythms of life.

The voice is a forgotten pathway to self-realisation. When we reclaim the Feminine Principle of the Voice, we begin to remember our power. We begin to remember who we truly are. We sink our roots deep into the earth and we become radiant truth speakers.

The Archetypes of the Goddess Voice

Archetypes can be both healing and empowering.

We have come to an extraordinary crossroads to be speaking as women who have been silenced in the public domain over the last few thousand years. There's healing work to do. But it is also incredibly exciting. When you unlock your true Feminine Power in your voice the world will change.

In this E-book I have chosen 7 Feminine Power archetypes that correspond to the 7 chakras. Relating the archetypes to the chakras is empowering for two reasons:

1. Firstly we as women represent the Feminine Principle of the 'Body' and thus all our work must touch on the growth or understanding of our capacity to embody what we do and who we are.
2. Secondly the chakras are energy centres located in the etheric and astral bodies that act as sense organs for the soul. We have the physical senses and the chakras allow us to gather energetic information for our soul expansion. Women are masters at intuiting and sensing and learning through inner knowing. Developing our intuition is a feminine skill set that is much needed.

Wisdom belongs to the Goddess

The Goddess archetypes are the bearers of the **Principle of Wisdom**. Wisdom is spiritual and earthly knowledge combined. Wisdom has been the domain of the Feminine throughout human evolution.

When you develop and use your voice as a path to the ‘getting of wisdom’ and expressing wisdom, you embody your Goddess potential and the Divine Feminine potential within you.

The Goddess Tower of Wisdom

Imagine a building with seven floors, perhaps a tower or a lighthouse. Each level represents a chakra and certain Divine Feminine qualities. Each step of the way you are accompanied by a loving guide in the form of a Goddess. She has a particular thing to teach you about connecting your voice to each energy centre.

As you work with her you build a tower of light with 7 spiral twists in the staircase. The Goddess symbol is the circle and spiral after all.

A new Goddess waits at every turn, welcoming you and asking that you weave her back into the meaning of your life once more so that she may empower you and set your voice free.

What you gain from reading

In this E-Book you can:

1. Discover which of these ancient archetypes that you resonate with and step into your feminine power, strength and wisdom.
2. Discover how to be a voice and a leader for change, healing and balance in the world in a feminine way that feels good for you.
3. Deepen your sense of contribution within this era of great transformation, in which the Sacred Feminine returns and comes into balance with the Sacred Masculine. This is the birthing time of a universal consciousness, born from the Hieros Gamos, the sacred marriage of the divine feminine and divine masculine.
4. Understand that your voice, your gifts and your uniqueness are so needed.
5. Explore how to connect your voice to your true work.
6. Learn that, to grow your voice, you must grow yourself. For the voice is a mirror of self.
7. Learn the specific stages in building and shaping your voice to promote your business powerfully. It helps to have a system.

Why do we need to understand the Feminine Voice?

The feminine power of your voice has been neglected for centuries. This E-Book outlines a system for you to rebuild this authority and beauty in your voice.

All Speaker Training currently in the mainstream is masculine focused.

Men’s voices have been the only ones allowed in the public domain for thousands of years, and as a consequence speaking has been focused on valuing the masculine aspect.

The powers of the feminine have been subdued, dismissed and neglected.

But you are a woman. And if you are an heart-centred, intuitive woman then the masculine training model often lacks the keys to open your most authentic and inspired voice.

And this can undermine your confidence even further. You might think there is something wrong with you. And there is not!

Let's meet the Goddesses!

Seven Archetypes to Empower the Feminine Voice

- 1. Root Chakra Voice: The Triple Goddess as Earth Mother - The Wild Woman Voice**
- 2. Sacral Chakra Voice: Aphrodite - The Alchemist and Lover**
- 3. Solar Plexus Chakra Voice: Athena - Wisdom as the Warriress**
- 4. Heart Chakra Voice: Green Tara - Song of the Heart as Heaven on Earth**
- 5. Throat Chakra Voice: Mary Magdalene - Sibyl, Teacher and Truth Speaker**
- 6. Third Eye Chakra Voice: The High Priestess/ Seer/ Isis/ Auset**
- 7. Crown Chakra Voice: Star Goddess/ Queen of Heaven/ Lalita Devi**



Archetype 1



THE TRIPLE GODDESS AS EARTH MOTHER ARCHETYPE

Root Chakra Voice: The Triple Goddess as Earth Mother - The Wild Woman Voice

We begin in the Root Chakra which is the foundation for your existence on earth. This is the foundation of the Tower of Light of the Goddess that you build within you. Goddess Guidance: *'I am grounded, centred and fully present in my knowing.'*

The root chakra energy is concerned with our survival needs and so the most primal Goddess here, is the Great Earth Mother.

The Earth Mother attunes us to our ancient knowing of all the phases of our Triple Goddess power. If you allow your voice to speak this instinctive truth in an awakened form, it shakes the earth with its vibrational power.

We underestimate our ability to access her wonder, awe and vibrational majesty. When we are in her presence, we awaken to the present moment and we remember our inner wild self.

We belong to the Earth Mother

Once upon a time, Mother Earth was worshipped as the Universal Mother: creating the Universe and giving birth to both Gods and humans.

The earth particularly belonged to the Goddess. She was also the Triple Goddess, guardian of the circle of life, death and rebirth. She was maiden, mother and grandmother. Nature was sacred and spoke prophetically to those who were trained to listen.

Being in right relationship with nature was life or death. Those things that were sacred to the Goddess were treated also as life and death. Sentences of punishment were served for felling an apple or hazel tree, which were planted as outdoor nature temples to worship the Goddess.

We have lost so much of our reverence for the earth. Nature itself has become reduced to a cash crop, the power of poetry and the honouring of the female body have declined. I feel that if we reclaim as a guide, these archetypal nature pictures that live within us, and the remembrances of the Goddess, then somehow a greater feeling for our humanity and nature will emerge.

The Wise Mother

Like all wise mothers, the Earth Mother will teach us the crucial aspects of self-care and self-love, independence and security. She will unconditionally love us while we grow and her abundance is legendary.

She shows us how to be self-sufficient in all areas of our life, financially, emotionally, and physically. She provides the foundation for trusting and loving the world. Without the wisdom and care of the Earth Mother we can feel like a victim of life's circumstance. The Victim archetype undermines our Feminine anchor and we begin to struggle.

Awakening her Voice

To speak with a fully embodied Earth Mother voice we must be in a direct and profound relationship with nature itself. We cannot function or even exist without the earth. We are tuned to the frequencies of the Earth Mother and all of nature.

The Earth Mother will unlock the Voice of the Healer, the Survivor, Leader, Earth Teacher and the Wild Woman. The Wild Woman carries the Medicine for everything. When we are in touch with our instinctive nature, our body senses are awakened. Our physical senses and soul senses combine.

Wisdom belongs to the Goddess

Wisdom is all knowing, all seeing.

Wisdom has always been the domain of the Goddess because she feels everything more deeply as she bears the children and must be tuned to them. She is always bound to the 'other'. She is receptive and receptivity means that she becomes a signal station for all knowledge.

So the Being of Wisdom tunes herself constantly to the earth, the cosmos and to the Self.

The Voice of Deep Knowing

The Earth Mother understands the cycles and rhythms that move through your voice. She does not fear the primal self. Her voice speaks with the power of the wild self, the survival self.

If we allow her to speak she will secure our home our food, make us feel safe, stand up for our basic needs, ground us, create balance between the masculine and feminine selves, between heaven and earth. The Mother voice will guide us to relationship with all things. The Earth Mother voice must be set free if we are to build the foundations of the Feminine Voice. She is the power of knowing the earth mysteries, feeling through her feet, blood flow, nervous system and bones.

When we say, "I feel it in my bones." That is the Earth Mother speaking.

We must stop dismissing this voice from the root chakra, from the earth, that knows and senses and soothes and makes safe.

Over and over allow yourself to say, "*I have a right to be here.*"

Speaking on behalf of what you need.

The Earth Mother teaches us to ground our voice and speak to care of our basic needs. Our voice must be able to provide food, shelter, a place to sleep balance, groundedness, safety and security, money, a tribe and a vital life force.

Is your voice providing these basic needs for you in your business? Are your survival needs in balance and incredibly healthy with the life force flowing through them constantly?

She will help you tell your stories

A vital task for this earth mother voice, beyond speaking to ensure survival needs are met, is to tell stories.

Are you telling your story?

Many of us are not because family wounds and tribal beliefs are stored in the root chakra.

The lessons of the Mother Voice are imprinted in your upbringing and early life. The passing of ideas or tribal programming from previous generations of ancestors continues down the line.

But our story is what draws our soul tribe to us. That is WHY we listen to others. Their story is speaking to our soul.

So connect to the Earth Mother and begin to tell your stories.

In my Goddess Voice Academy program we explore the Voice of the Woman's Wheel and discover which aspect of the Triple Goddess has the strongest influence upon us and if that is serving us. Once we know which stories belong to which aspect, we know when to set up the campfire and invite others to join, share and listen.

The Earth Mother and the Wild Woman Voice

Re-wilding the soul of the feminine voice for most of us means jail-breaking your voice! That jail/prison has been Patriarchy. It is full of 'good girl' and 'bad girl' rules and not much else for the voices of women. For many of us, the Patriarchy is no longer even an external prison, but an internal one where our own masculine polarity dominates and drives us. This inner masculine still disregards or denies our Wild Woman Voice who longs to howl and purr, sing and tell stories, tone with the trees and laugh on her belly in the grass.

How often do you use your voice in this way?

How often do you stand on your back veranda and howl at the moon...really? Do you dare?

The Wild Woman's List

Here's a little list of the things your Wild Woman Voice might long for:

- To sing herself home - restoring the fragments and reweaving her being with her crooning. To sing means to use the soul-voice.
- Expressive Sounds - The Instinctive Voice
- Toning that seeks to Heal - The Medicine Voice
- Tuning with the Cosmos - The Mystery Voice
- Words of Power - The Creator Voice
- Chanting - The Earth Priestess Voice
- Advocacy – Speaking on behalf of her children

We long to hear her voice once more but we are frightened. Begin by singing yourself a lullaby each night before bed!

Reclaim your magic and your medicine.

Clarissa Pinola Estes says, *“Within every woman there is a wild and natural creature, a powerful force, filled with good instincts, passionate creativity, and ageless knowing. Her name is Wild Woman, but she is an endangered species.”*

Re-Wilding the Soul of the Feminine Voice

Without permission to release the expressive voice our throat centre will not function. Without the Sacred Tasks of the Voice we will hesitate to bring forth our cosmic creative energy in the form of art, music, poetry, chant and oratory.

We will fear our own desire to source enchantment - to awaken the Mysteries

We will deny ourselves oracular guidance from the deep well of wisdom that the Wild Feminine has access to.

The throat chakra is the place of truth speaking.

If you are not speaking your truth on every level you are banishing your true nature to the forest where you will be brought face to face with the shadow side.

What is the deepest truth of your wild soul nature? What does SHE want to say?

Three levels of Speaking and Listening

The auditory nerve is divided into three or more pathways into the brain. Mystery school teaching tells us that the ear was meant to hear and use three different voices; that of the normal day to day functional conversations, the second voice explored knowledge and art and the third opened itself to the soul and guidance from the spiritual regions of the cosmos to understand life on earth more fully.

If you truly long to find your Wild Woman Voice, you must listen to your soul call. Go into the woods, or to the ocean, or towards the cave in the mountains. You must speak with the Earth Mother and her children, the animals, trees, plants, waters, rocks and air.

Go!

Put on your 'wildish' coat, place your feet upon the earth, howl (actually howl) and find your deep, ancient Mother voice.

You will find your intuitive, passionate core.

Go!

Your voice will starve and become small without her.



Archetype 2



APHRODITE THE ALCHEMICAL GODDESS

Sacral Chakra Voice: Aphrodite - The Alchemist and Lover

Our next level in the tower of light of the Goddess is the Sacral Chakra. Sacral chakra energy is alive with emotions, creativity, sexuality and womb wisdom. This energy is magnetic and life giving, bringing transformation and renewal.

Goddess Guidance: *'I am a Creator Being. I create new ideas, give birth to new projects and magnetise abundance.'*

Here we meet **Aphrodite**, the Greek Alchemical Goddess of Love and Feminine Magnetism.

The Goddess Aphrodite reigns in the Temple of female alchemy. This is the place of womb wisdom, the great feminine cauldron of the pelvic cradle that magnetises and transforms spirit into matter. This is the place of creative birthing of your voice.

Aphrodite teaches us that our bodies do not belong to society or a man. They belong to ourself and the Goddess. If we choose to share them then that is our magic and our choice. If we are connected to the incredible abundance of the Earth Mother and Aphrodite then we will be fertile, fecund, abundant, joyful and incredibly free.

The Unloved Female Body

Women's bodies have been dictated to by the masculine for a long time. As the source of power on earth with the ability to bring life, they have been seen as a threat and have been controlled and punished in every way imaginable.

Even in a free country like the USA, women's bodies are still more legislated against than guns.

There are very few acceptable archetypes allowed the female body at this point in time in most societies. Some cultures have vanished the female body entirely and made female invisibility, law.

This is so ingrained in us that despite our new found freedom, we raise our daughters as sons, we spend thousands to reshape our bodies to an idealised form, we starve ourselves and shun the bodies we are born with.

We have taken upon ourselves the task of body shaming. We cut and denigrate and loathe and punish all over again in a new form.

Unapologetically Female

Aphrodite can help set us free from this prison of shame.

She emerged from the sea naked and lustrous. When her husband asked that she be punished for her affairs, the Gods laughed and said how can you expect such beauty to be contained by one man?

Aphrodite works with the Earth Mother in her Triple Goddess forms of maiden, mother and crone. All these shapes of the female body are valued.

The body speaks and sings. We read one another's body language and respond to each others voices instinctively and instantaneously. We have so much range and it imprisons the soul when we stifle so much of who we authentically are.

There are emotional times and there are artistic times. We can give ourselves permission to have both. When we honour these cycles between our Muse and our Alchemy, our creativity and our emotional tides we become more truthful and more fulfilled

We learn when it is right to transmute the things that are less acceptable or appropriate through our creativity and we bring ourself into emotional balance rather than it being imposed for external judgment.

Art connects us to the story and meaning of our expression.

The Voice of the Sacral Goddesses

What a voice this is!

The Muses, spiritual daughters that represent the Arts, dance with Aphrodite in the Sacral Chakra.

If you are swept away by the Muse, you meet the Voice of Aphrodite. All the magical sounds of the Arts sing from this centre.

If your emotional self speaks or sounds, you meet Aphrodite.

Women are trained to withhold the voice of the emotions and so we do not learn to turn this voice into an artist.

For this is the purpose of the sacral voice...to create and inspire and attract with its beauty and light. It can be expressive or skilful. It is designed to be transformed by the alchemy of the creative forces in the womb centre into a vocal presence, an artistic creation and a magnetic force.

All women's voices are beautiful. Your voice is beautiful. I'm a singing teacher and vocal coach. I know the alchemy of transforming a voice through practice. The sacral voice is a diamond waiting to be carved and turned into a sparkling jewel. It always finds its way to beauty.

When women are forced into their masculine polarity, beauty recedes from the voice.

When we do not love our physical form and love our voice, it is difficult to truly receive abundance and joy and pleasure.

The emotional body is a pathway to freeing the voice here.

Emotional voicing, singing, howling, wailing, laughing, toning, humming, groaning, are all the sounds of the expression.

Meeting the Priestess Voice

The sacral chakra is where we meet the Priestess Voice. In the root we met the Wild Woman Voice, the primal voice, the healer and mother.

Here, the tones and chants of the Priestess, ring out. For the Priestess Voice is one who sings the joys of the body and the magical sounds of creation. She sings with the earth and cosmos of the circle of birth, life, death and rebirth.

All the spiritual texts tell us that the world was created through sound.

The Priestess voice, Aphrodite's voice is that of the Mermaid, the singer of the songs of the sea, the emotional water body, our feelings and the soul of the feminine.

Aphrodite and her lineage are mermaids, sea singers, soul singers and alchemists with the voice. Aphrodite is also linked to Venus, the Evening star and Mother Mary, Star of the Sea.

Heavenly Star children can come through the waters of the Feminine and find safe home in the Womb to be birthed on Earth. Aphrodite speaks of the magic of union, the magic of creation.

All Priestess were Oracles and Enchantresses, invokers of the magic of the physical creative forces.

The Sacral Chakra Voice in Business

How does this help you in your business or in your creative journey?

If you are to awaken the abundance available in the Sacral Chakra you need to use your voice to express your emotions regularly.

You also need to practice the Tasks of the Priestess Voice. I have identified these as:

- Invocation
- Chanting
- Oracular guidance
- Prayer
- Healing and
- Working with the vibrational technologies of the earth for building alignment.

The last one is less sacred and more functional. It was commonly used however by the priests and priestesses who understood sound technology.

I named the Tasks of the Priestess Voice when I was creating a program for Song Healing from the Mystery Schools.

The Tasks of the Priestess Voice live in the throat centre too.

Throat and Sacral, mirror one another as manifesting energy centres.

Manifesting and the Voice

Using the voice in the way is magic for manifesting. If you really want to manifest abundance, you have to free up your voice and enjoy how your body and your emotions interact with your voice.

Adding free moving emotional energy to your communication is like adding liquid light.

Adding magnetic and vibrational alignment sounds like toning, is a little like Aphrodite putting on her golden girdle. When she wore it she was irresistible. If you do this regularly with your voice, you will become irresistible to your perfect clients. They will feel the vibrational pull of your magnetic field because it has been sounded clear and alive.

If you think this is all to *woo-woo* and out of your reach that is because the powers of the female voice have been ridiculed and made non-permissible for centuries. We are so out of practice that we resist and disconnect from what are actually natural abilities that are developed through artistic practice.

Womb Voice

Finally we cannot leave the sacral centre without speaking about the Voice of the Womb. This voice attracts your mate. It deepens relationships or releases them. It attracts abundance and support. The sounds here give you access to your dreaming, your creativity and your sexuality.

I'm talking about making real life literal sounds here that connect you to your emotions and feelings and begin the healing work needed.

It opens the birth canal as you are having your baby.

Sound will always open the memory centre. It will emotionally power your truth speaking and it will make you a lot more interesting to listen to. A lot more fun too.

It is a connecting voice. It seeks union with another. It allows your inner beauty and presence to radiate.

You should never give a speech about your business if you want to sell something, without connecting to the sacral voice in the womb centre! It illuminates your gifts and is alive with Shakti, the female life force. It supports you to look within and deeply love yourself. It is a very, very confident voice once you have done the healing of the inner child here.

This voice is the light within the Temple of Feminine Radiance.

Aphrodite is the Sacral Chakra Goddess (along with Isis) in two of my programs:

[The 7 Chakras to Empowered Speaking](#) and [The Goddess Voice Academy](#).



Archetype 3



SOLAR PLEXUS GODDESS

Solar Plexus Chakra Voice: Athena – Wisdom as the Warriorress

Our next level in the Tower of Light of the Goddess is the Solar Plexus Chakra. The energy in this centre is that of the Will, the Self and Power. It is strongly associated with the colour yellow and the energy of solar radiance.

GoddessGuidance: *'I am power, I am force, I am might. With my wisdom I stand strong'*

The Goddess Archetypes in the Solar plexus are combative.

They are war like and happy to go into battle with evil, those who disagree with them and the masculine.

Goddesses like the Greek Athena and the Egyptian Sekhmet are warrior goddesses.

In the sacral centre we birth our emotional, female creative power.

In the Solar Plexus we learn to fight.

The Power of the Goddess in the Solar Plexus

When I was younger I related to Athena as the Goddess of the Intellect. But when creating my programs she appeared in the solar plexus centre.

We are powerful in our solar plexus. We are fierce. We fight for truth and justice and wisdom. We are heroic. And so I rediscovered the Goddess.

The solar plexus chakra is the most incredibly sensitive and dynamic energy centre. It is a transfer station where the higher and lower energies cross over and Athena enables us to bring our intelligence from the mind to speak with intelligence from the intuitive, instinctive field.

She shows us how to bring our brilliance into the physical and into action and create a clear relationship between the activity of thinking and the activity of the Will.

Athena is a guide to using intelligence and strategy to fight our battles but she is also the patroness of Arts and Crafts. Writing, smithing, weaving, and other practical gifts that add to the Tree of Knowledge are blessed by her.

Athena functions to clear the dross of karma and heavy emotions by bringing in the higher intelligence and doing this while sitting in the body, in the belly and the instinctive intuitive powers that connect to deep knowing and earth wisdom.

The solar plexus belongs to the Warrior Goddess, the radiant Goddess who still has access to all the ancient clairvoyant truths that come through from the lower centres. She brings her deep knowing up through into thinking and into the chest and the heart where we are birthing our courage.

Wisdom inspires us to be courageous.

Athena and the famous city

Athena won the patronage of the city of Athens over her brother Poseidon. She gifted the city with the olive tree that provided, food, medicine, wood, abundance and well-being. She showed the city in the barren landscape how to remember the old earth wisdom and work the Mother to receive her most life giving and versatile fruits.

Athens became the mightiest city in the world.

Athena is the Goddess of civilisation.

She is the guardian and protector of the Athens, the birth place of democracy itself.

She brings balance, healing, health, flourishing and social cohesion...all the traditional gifts of the Triple Goddess.

The civilising force of Athens spread over much of the world.

Power, confidence, strategy, intelligence and wisdom all played their part.

Athena however compromised. She extended her olive branch of wisdom and allowed the Patriarchy to believe they ruled with her blessing until the time was right for the balance to shift.

Giving away our Power

Athena teaches us the right time for power. And that to compromise is NOT to give power away.

I meet so many women in my work who have no breath capacity, who hold their tummies in tight and constricted around the solar plexus and who have given their power away to such an extent there is a void in the solar centre.

Women have been trained to give their power away. In the solar plexus centre we say our 'Yes' and our 'No' and establish our boundaries. If we imagine the golden shield of Athena and the spear of truth protecting the sensitivities of the solar plexus, it can expand to gather light and solar radiance.

In the sacral centre we learned it is the right of the Feminine to choose. There we choose what creative project we birth and what lover we will accept.

For centuries this right has been denied us.

Athena shows us how to choose with wisdom and power in combat. She shows us how to say YES and NO and to set our boundaries with our intelligence and make them clear.

We choose who we empower with our gifts and energy, and how and when we do this.

Personal Power

The main challenge for the third chakra is to use your personal power in a balanced manner. There are big energies that move through here. We can get frightened and confused.

Roaring with fearless conviction when you feel what is right takes practice.

You are still in the lower chakras so as you consolidate your power to choose, there will be karmic influences at work to sway your choices. This is why access to wisdom is valuable. Strategic action will build your personal power and add to your sense of freedom. Self-love and appreciation will strengthen you.

And above all, for women, believing in your value will build your light.

Working in the solar plexus will help you see the incredible value of who you innately are.

When you light the fire of your belief, you can create the pathway to your heroic life.

The sign for the solar plexus is a downward pointing triangle. So it's open at the top and all the energies of our thinking can come in and be transferred into the body.

We digest our experiences and our feelings in the solar plexus.

Athena is the perfect guide for using power in balance. She can fire up your inertia and get you moving toward your challenges. She is proactive and dynamic but as a strategist, she teaches you to control your emotional outbursts and save them for the right time to win the fight.

Life will never pass you by if you work with Athena.

Feminine Power

The inner power of the Feminine is not bravado. It is deeply rooted in the earth and self-love. It shows empathy, communication and patience. It is power over the self rather than over another.

The Power of the Solar Plexus Goddess is not about intimidation, withholding or abuse. When the gifts of the Goddess are valued all things are nourished.

Ancient Greece – What Happened?

There are a few overview ideas that we need to understand about the Greeks themselves.

Firstly, the intellect or the intellectual soul was birthed in Ancient Greece.

If you think about it all the arts and sciences and the great academic knowledge of the world is inspired by the ideas that came from Classical Greece. We have been evolving these original impulses for the last 3,000 years.

Greece is the springboard for philosophy, biology, astronomy, mathematics, physics, oratory, theatre...it goes on.

Prior to this time humans experienced a far more clairvoyant and instinctive consciousness. In Greece, we began to use our mind.

The Birth of Athena

Athena was born out of the crown chakra of her father after he swallowed her mother.

This is the divine manifest through intelligence (the head). She doesn't need to grow up and learn. She is enlightened. She is the pinnacle. She is fully realised. And she is fully clad in her armour.

But she is not the Goddess of the Intellect. She is the Goddess of Wisdom. And she is female.

Wisdom is far more than the intellect, so Athena is the herald of a new kind of thinking consciousness carried in the head of the father. But he cannot bring it through. She must bring it through aligned with wisdom.

And she is ready to fight for this new impulse.

This is such a crucial key to her story.

She is the bringer of intellectual soul consciousness but she delivers it through the fullness of the context of Feminine Wisdom.

Athena is a key to the balance between masculine and feminine.

Mentoring the Hero

Athena is the Goddess of Wisdom in war.

She knew that the predominance of the masculine would lead to war...endless war...war everywhere.

She was not afraid of this. Instead she used her strategic thinking to find pathways to peace. Athena guides the heroes who will listen to her strategy.

Most warriors and kings of the time didn't. They were operating from instinct. They were territorial and primitive.

But Athena shows us how wisdom can temper and steer the masculine impulse for external domination and bring it into resolution and peace.

Athena is the mentor and protector of the good and wise king or Hero...he who will actually listen to wisdom through this expansion of intellectual activity into the arts and sciences and war.

He knows the value of the Feminine.

Amongst ignorance, heartless scientific intelligence, fear, selfishness and greed and the lust for external domination, he is the only one who wants to share the throne with his wife.

The Odyssey

Let's look at Odysseus or Ulysses, King of Ithaca.

Odysseus doesn't want to leave his home or his wife and sail off to Troy.

He thinks it's ridiculous.

He has to go.

All the Greek kings who vied for the hand of Helen of Sparta, swore an oath to protect her. He's away from home for 20 years. 10 years at the gates of Troy, unable to get in until he and Athena work out a plan to fool the Trojans with a giant horse.

Then 10 years sailing home.

The Odyssey is the story of the initiation of the Hero, the hero within all of us.

We have to struggle to become wise, to fulfil our potential and our destiny.

It's not easy to fulfil the heroic destiny of our lives.

But wisdom is there. The feminine is there. And the balanced use of our intelligence is indicated as a pathway to coming home from the battle of life.

Athena mentors us through our royal road to wisdom.

The intellect itself must conquer its lower nature and learn to hear the voice of the Goddess. This is the teaching.

Intellect and Wisdom

We are starved in our culture for a true marriage of deep female wisdom, connected to the cycles and rhythms and knowledge or information field of the earth, balanced with intellectual thought and heart-centredness.

We are stomping all over the Earth Mother with our disconnected cleverness. Combining your intellect, discernment, brilliant thinking, power and radiance, intuition and deep understanding of spiritual wisdom gives you wings to fly like Pegasus.

You can use your thinking to fly free from the past and into the future but with the wisdom of the ancient Triple Goddess flowing through your veins, in your very life force and beating in your heart.

Your intellect is not separate from the field of all knowledge.

It is a part of it and must listen.

The Goddess Coach

We should be wise with our voice and wise with our power. We should not hide it or apologise for being powerful but stand with our might showing and offer guidance to those who will listen to support them on their heroic journey.

Athena is the perfect coach voice for motivational and transformational coaches. She will encourage your self esteem and stop you from judging or criticising. She knows it weakens your power.

Watch your own voice for any criticisms towards yourself.

Athena is not the Healer archetype! She's as likely to tell anyone who's wounded that comes to her to go elsewhere until they're ready to fight for their own destiny.

The Task of the Goddess

Athena's task to bring the light of illumination to civilisation.

So anywhere that your message is aligned with the good of our evolution, or for the civilising forces of art, crafts, democracy, balance, fairness, finding the hero within or bringing our masculine and feminine together, good boundaries, empowering the self, when to go to war and when to bring peace,...she will be there!

When we allow Athena to guide our voice in business or life, we can be intimidating to others, because we have lined up our intelligence, our brilliance, our intuition and our power.

We are the fully realised Goddess.

That's pretty awesome.

Not many of us are brave enough to step into that much power.

Speaking with the Voice of Athena

Speaking or sounding with the frequency of Athena helps to ground your mental body in the physical and provide a luminosity, presence and radiance in the central column of the energy body.

Our diaphragmatic muscular energy powers the voice.

Athena leapt from the head of Zeus with a battle cry that was terrifying to her fellow Gods and Goddesses. Power in the voice does not come from the throat. It comes from the belly!

Breathe to Speak

‘Breathe to Speak’ is a process I created for my clients that allows access to the power in the voice. I developed it from my training as an opera singer and it corresponds beautifully with the messages of Athena and Aphrodite.

Your rib cage is your breastplate. It is strong and protective. The diaphragmatic membrane, which is the great muscle of the solar plexus, controls the breath, and moves the life force, the Prana of the breath, through the entire body to energise and power up your voice.

You open the lower ribs and expand the belly.

You can learn to let go of holding on to fear in your belly and allow the might of Athena to expand your inner power here and then speak ON the breath.

It invigorates this centre and makes it more able to move big energies fluidly from upper to lower centres.

And you sound like a Goddess!

Thank you for journeying with Pallas Athena. We move now to the Goddess Voice of the Heart.



Archetype 4



HEART CHAKRA GODDESS: GREEN TARA

Heart Chakra Voice: Green Tara - Song of the Heart as Heaven on Earth

Our next level in the Tower of Light of the Goddess is the Heart Chakra. The energy in the Heart centre is associated with compassion, love and balance.

Goddess Guidance: *'Love your voice, be compassionate with yourself and all beings. Every life matters.'*

Most of the world's spiritual traditions recognise love as the unifying force, the energy that is the most fundamental part of the universe, and of ourselves. Opening our hearts to love is to reach into the deepest places and connect with our true essence, our spirit, and our soul.

The heart is the place of equilibrium.

If we can allow the energies and voices from the first three chakras and the upper three chakras flow in balance and love through the heart, we will heal the schisms and change our future.

When love guides the masculine and feminine polarities then there is no need for one to dominate the other.

Green Tara

Green Tara is probably the most popular Goddess in Buddhism. She guides us towards universal compassion, and virtuous and enlightened activity.

Tara sometimes means 'star' indicating her heavenly origins but her name is also connected to the meaning 'to cross' as she helps all living beings cross over the deep waters of suffering and existence.

It is said that the strongest love in the world is that of a mother for her child. Having two children I would not argue with that. It is also said that Tara's desire to rescue all from suffering is even greater than this mother love.

And so she resides in the heart.

There are other colours of Tara, but Green Tara looks to the Earth with her love.

Green Tara is the inspiration that provides the energy that supplies our to achieve our goals and represents the wisdom of action and accomplishment.

Tara is a representative of the divine mother. Her transforming power delivers us to the heart of the Buddha and the Mother.

My feeling is that the more grounded I am in my body, the more able I feel to respond to the call of the earth.

I first encountered Green Tara for this work when leading a meditation in the Sound Healing Academy upon finding our Song-lines here on the earth. Green Tara was so present as an inner image for me all the way through sounding.

She was so present and encouraging me to sound with and for the earth...and be courageous in my body.

Healing Green

Green Tara carries the emerald ray of healing.

Green contains within it, all colours, all possibilities. It is a container colour for peace and the infinite nature of existence.

Tara will shine her love on those who, with a pure heart, persist in following a dream of unity and healing regardless of the struggle. Her emerald ray is a healing ray, a heart ray, and a vibration of the planet we live upon.

How do you see your heart power resonating in the world as a woman?

Does the starlight of Green Tara and her compassion confuse you or soothe you?

Courageous Action

Green Tara is a Goddess of action; courageous action on behalf of the heart. How beautiful is this!

She will leap in with courage and fearless compassion to rescue any she sees are in need. Fearless Compassion is the key virtue of a Bodhisattva.

Which area of your life do you need to bring some courage to? Courage is strength in the heart and upliftedness in the heart. Courage comes before confidence. It ignites the soul as do all things that belong to the heart.

In the Tibetan Buddhist tradition we are asked to move beyond our attachment to suffering. I think this takes courage.

If it was easy we'd all just transcend the swamp within and float away.

But Green Tara sits on the lotus flower which is rooted in the earth, rooted in duality, rooted in the experience of suffering.

She also sits within the field of stars. Green Tara actively inspires us to awaken our heavenly consciousness on Earth and that we tune our hearts as a place of service to all, in the same way that mother earth teaches us how to be of service and nourish all things.

Tara supports us to embody Heaven on Earth.

She supports us to bring forth starry wisdom and earth wisdom and sit with both energies in the lotus blossom of transformation. Her foot touches the earth lightly.

Tara sits on this blossom of beauty as if she is a container where the wisdom is circulated in the hip flexors and moves it through the star field. She guides us to bring our star field lightly and beautifully on the earth and encourages us to forge our souls. It takes emotional intelligence to recognise, work with and transmute the darkness, the mud and polarities from the earth realm. It also requires strength of the heart.

Chanting Tara

I chant the Tara Mantra a lot and every time I sing this chant, the waves of sound soften any attachments to the ideas around my suffering.

I can feel it changing me from within, bringing peace and light from the stars.

Chanting and singing are heart voices. So are lullabies. Singing and chanting are full of spiritual beauty.

Spiritual beauty is the ultimate truth that permeates and enchants the world.

If we can create, embody and realise love, then our natural radiance will illuminate everything we do.

If we can bring beauty, power and love to earth, we honour Tara.

I came across the phrase 'eco ascension studies' recently. It made me think that we are currently in the class of reawakening our earth goddess nature. I think women in general are really good at this. Tara seems to sit in balance between the stars and the earth. She sits beautifully in this classroom of the earthly divine!

Green Tara, the Feminist

One story of Tara's origin, tells that she was a king's daughter. Tara was a spiritual and compassionate princess, giving prayers and food to all and the monks and nuns. The monks told her that because of her worthiness they would pray for her and ask that she be born as a man so that she could teach Buddhism.

Tara told them that truly there was no such thing as man or woman in the spiritual worlds and she would prefer to remain in a female form until all beings reached enlightenment. The implication being that the monks did not understand the teaching, suggesting that only a man could offer knowledge of the way of Buddha.

Thus Tara has a reputation as one of the earliest feminists.

The Voice of Tara

Tara is often regarded as the Word and as the power of sound. From her we learn the power of the spoken word and the power of mantras. Mantras are prayers.

‘The Ascended masters say pick one and learn its power by making it ‘the keystone in the arch of being. Tara teaches us not only to understand the meaning of Mantras but also the proper use of them.’ (sacredwind.com)

Om Tam Svaha

Tara resonates with the seed syllable (bija sound) TAM.

Some sages say that Tara represents the feminine form of the sound OM personified as a Goddess.

Svaha is like saying Hail or Amen

Hum is also said to be associated with Tara and radiates light

OM TAM SVAHA

OM TAM SWAHA

Hail to Thee Tara, Amen!

For a mantra to be powerful it must be connected to the sacred fire of the heart.

Empowering Your Voice With Archetypes by Dominique Oyston

From 'A Pearl of Wisdom' we learn...

'As you capture the mantra in your heart, your heart sings the mantra back to you, and the mantra itself sings to you so that you hear from your innermost being the pure voice of your soul reciting that mantra. By accepting that power you authorise it to enter your world through the recitation of that mantra.'

Healer

The Heart is the Healer. I work with many healers and find that the heart needs to be recognised as the balancer of above and below energies. When it is fearful and closed it cannot do this balancing work properly and gets confused, closing and opening in a reactive state, rather than a wisdom state.

To reconnect to the healing forces of the Heart Voice, embrace the heart as a spiritual sense organ.

See the heart as a portal to healing forces.

Dial into the frequency of love.

Learn to speak from heart intelligence.

You access the voice of the spiritual heart to unlock forces of love and compassion that are miraculous in their healing capacities.

Learn to speak with Nature once more. Step by step in your speaking, you include the spiritual underpinnings of Nature that have been left out of science and conventional voice and performance coaching, so that the etheric life and intelligence in Nature comes rushing up through your heart towards the voice.

The Green Altar

Women must restore the green altar. The green heart colour that holds all other colours within its embrace. The green altar is the altar of the spiritual heart that loves and heals beyond all measure and sings with the heart and all nature.

If we all had a heart/nature intelligence altar in our home that we tuned in with before we spoke, we would speak differently.

Hoopono Pono Mantra

I'm sorry.

Forgive me.

I love you.

Thank you

This beautiful Hawaiian Mantra can be used everywhere and anywhere to heal the heart. Green Tara would be pleased.

Speaking from the Heart

To speak from the heart requires a story that is personal, truthful and that you feel deeply connected to. It needs to acknowledge a pivotal point in your life. It needs to be genuine and reveal vulnerability.

When you speak:

- Take a breath and settle into your body.
- Recall being with people who care about you. (This will help deepen your sense of inner strength, and warm up the neural circuits of wholeheartedness.)
- Soften your throat, eyes, chest, and heart. Try to find a sense of goodwill, even compassion, for your audience.
- Bring to mind what you want to say.
- Take another breath, and start speaking.
- Try to stay in touch with your experience as you express it.

Heart speaking is like connecting to another dimension. The place where all is fluid, possible and light filled. Love has a beautiful voice.

Breath

Breath work is deeply healing to the heart. Touch also heals the heart, as touch is the first sense experience that reassures us that life on earth is good and safe and that we will be supported lovingly.

Using the breath to expand around the cave of the heart and the ribs brings the heart into balance.

Heart Appearances in your Business

When you are creating your own business, your heart will begin to unravel any stories you have around loneliness, resentment, jealousy, betrayal and grief. If you are creating your own business, your heart is in there boots and all. You are intensely connected here.

You must see yourself through the eyes of COMPASSION!

If you are feeling isolated, ask for help, ask for love and encouragement and do self-care practices.

Two Streams

Two streams of emotional consciousness flow through the heart centre. The heart is not a singular organ. It carries grief and joy. They sing together as the pain of earthly existence moves through the purifier of the heart, while the bliss from the heavenly realms flows down to earth.

Without these polarities there would be no compassion. Without compassion, the world would end.

Getting the Resonance Right

In the heart we come to the place where our word must become sacred. If you find the words that resonate with your heart frequency then mighty healing forces will pour through those words.

To develop our heart voice in our business is an interesting challenge as we have to be functional in two other ways with our voice that contradict speaking from the heart.

These are:

1. Being the vehicle of social understanding,
2. Serving to communicate logical, intellectual knowledge.

Both of these functions require that we make clear sense.

They belong to the lower chakras and the mind.

But they are not alive with our soul light.

We have to almost create a sacred practice around tuning in to and finding the words of our heart.

This is big.

There is nothing in our culture that trains us to do this...ever...even prayer can be on automatic pilot.

It is time for women to share the resonance of their hearts.

Austrian Seer Rudolf Steiner said that the heart chakra was larger than the others and destined to change.

“The organ situated near the heart permits of clairvoyant knowledge of the sentiments and disposition of other souls. When developed, this organ also makes it possible to observe certain deeper forces in animals and plants.”

Rudolf Steiner

The Voice of the Heart

Training our etheric heart forces is a healing task for the world. The voice of Green Tara is very harmonious with the voice of the heart. Both reach beyond the physical and connect us to the realm of pure love.

There is no doubt the heart is shifting. It is evolving as an organ of brother and sisterhood on a new level.

This new heart dimension is being sung in by Goddesses such as Green Tara. She, along with the Mary Trinity, lead us towards the experience of love for all beings.

The Voice of the Heart is actually the Liberator.

For so long women have lived without personal freedom. Speaking our truth is a current path of genuine liberation for Western women. It is our time to grasp this possibility with all our might and not doubt that we may set ourselves free.

When we speak or sing with the Voice of the Heart a mighty healing force is unleashed in the world.

Green Tara knows this. She will sing with us.

Thank you for journeying with Green Tara. We move now to the Divine Feminine in the Throat Chakra.



Archetype 5



THROAT CHAKRA GODDESS: MARY MAGDALENE

Throat Chakra Voice: Mary Magdalene – Sibyl, Teacher and Truth Speaker

Our next level in the Tower of Light of the Goddess is the Throat Chakra.

The energy in the throat chakra is associated with personal truth, expression and purification

Goddess Guidance: *'I speak my truth. I am Free in my world, I am the power of silence and sound'*

Mary Magdalene is not a Goddess.

Let us say that Mary Magdalene was trained as a Priestess of Auset in Egypt and in other High Spiritual traditions. Let us say that she was born with the gifts of prophesy and seeing. Let us say that she was destined to bear the light of Feminine Christ consciousness. Let us say...

When Mary Magdalene came through to me and asked to be placed in the throat chakra for my work in The Goddess Voice Academy I was so curious. I had not thought of her as a throat chakra frequency.

So I went exploring and this document really is the result of that call from Mary Magdalene.

The Initiation of Woman

There are a few lines in the Bible that say that Jesus cast out seven demons from her. It's all in the translation and that translation is swayed by the agenda of the Patriarchy. The word for demons also means 'wheel'. The word for 'cast out' also means 'set alight' or whirling.

What if Jesus set the seven wheels of light turning in Mary Magdalene?

This is a spiritual Initiation!

This is the first woman, not Goddess, whose chakras were fully illuminated. This was the first experience on earth in the body of woman of fully enlightened Christ Light.

Let me be clear. The Christ Light is beyond religion. It has been the Guardian of the Earth for many Ages. There have been other Christed teachers before Jesus who anchored different teachings and aspects of the consciousness of the Christ in the earth in different ways through history. If we decide to play join the dots, it's really easy to see. Religion tends to get in the way of spiritual lineage and spiritual evolution.

Becoming One with the Earth

But what did Jesus do that was different?

When the Christ energy moved into his body at the age of thirty at the baptism in the river, it burst out of him all over the place. There were miracles everywhere. He had three years before he had to leave. What was his task for the extraordinary light consciousness that had entered his human body? A well prepared human, but nonetheless, a human.

Upon his death, his energetic forces became part of the layers of the Gaia.

She and the Christ became one on the etheric plane.

Every step we take upon the earth now is stepping not only on the Beloved body of the Mother, but also the energy field that is now full of Christ consciousness.

One of the most magical things we can do is speak with the Earth and Nature from our hearts. This is a crucial part of my teaching work... toning or speaking with trees, flowers, crystal, animals and the elementals. Sometimes I want to only teach this but I have other skill sets that matter.

Mother Nature is full with her own incredible wisdom and also that Christed wisdom from the Sun Spirits, the Christ forces.

The Task of Mary Magdalene

Mary Magdalene's role was a little different. The Forces moving through Jesus, set her alight as his Feminine counterpart. She was a fully initiated and fully illuminated (enlightened) teacher of the Christ Mystery. Her work began after he died.

Most of her actual words have been lost.

We have only fragments and the Gospel from Nag Hammadi, which has been edited. It was obviously too powerful.

Mary is the inheritor of the lineage of the Wisdom Goddess Sophia, the Great Mother, the Divine Feminine, and yet she was a woman, a real living, breathing human woman. She walked with the hideous legacy of the biblical distortion of Eve, rejection by her fellow disciples and faced the Roman establishment.

The Traveller

Mary traveled to Avalon and France and taught to those who would listen.

Great religious movements such as the Cathars grew out of her influence. The Cathars were destroyed by the Catholic Roman church (remember Catholicism is the blood thirsty conquering Romans version of the Christ teaching) but her magic prevailed.

The magic of her word, the feminine Christ teachings went underground. They emerged in the Tarot, Fairy tales, the Troubadours, Chivalry, The Black Madonna, Joan of Arc (the last of the Sibyls) and so many more.

In France, Mary walked. She travelled to different lands as well and as she travelled, visited and walked, she left her energetic presence embedded in the Earth also.

The Earth is highly receptive to the masculine and feminine Christ energy.

If you tune in with your etheric (life force) body to nature and Gaia, that Christ Light, and the Grail forces will come to life in you too if you wish it. The Heart will grow and open.

Speaking your Truth

The throat centre is interesting because all the other voices of the chakras express here.

Everything we are moves through the throat centre at some point.

Our communication works best when the energies from all the other centres move freely through here (being purified along the way) in balance.

The heart balances the big physical stories, survival, nervous system, emotions, creativity, instinct and intuition from the lower chakras and the voice purifies them.

The voice is an artist and when we forget that, it suffers. We need our artistry to powerfully express rage or anger as much as inspiration and information. Remember in the sacred this also occurs. They are creative poles.

Speaking your truth actually requires presence from each of the energy centres. If the vibration of one is missing then we often lack the courage or clarity to speak our full truth.

Speaking with the Voice of Mary Magdalene

This connection to each of our energetic voices is my unique teaching that I am introducing to return the Voice of the Divine Feminine to the World.

This is why Mary Magdalene is so important. She was the first voice of the embodied Christ Woman as:

- Teacher
- Leader
- Priestess
- Consort
- Oracle
- Mentor
- Embodiment of Love

She shows us how to allow our voice to be connected to the Past, activated in the Present and pointing to the Future.

If you want to see this in action right here and now, check out the dialogue between Sarah Silverman and her troll. Every part of her being was speaking truth with love while maintaining her autonomy. Amazing.

If we connect with the Voice of Mary, we connect with the voice of the fully illumined teacher.

She is coming with a message that it is time for us, as women, to stand up.

She is eager to come forth through any woman, who wishes to bring through her spiritual teaching, and awaken her fully embodied feminine wisdom to create changes.

Speaking with the Voice of the Oracle

The voice is a means of amplifying the Self and amplifying intention.

With Mary Magdalene we learn to speak the Wisdom of the Heart.

It unlocks your generosity and your joy.

It connects you to your stream of consciousness that flows through the heart.

It balances upper and lower energetic flows.

It is a portal to the New World of the Feminine in relationship with all beings and all things.

Mary Magdalene was the first fully illumined woman of the consciousness soul light.

How do we bring our magical gifts into the space of the voice with power and presence?
How do we carry the energy of being a human woman, with all the vulnerabilities of our human self and relate that to our soul/spirit self and what we are here to do on a soul level?

Mary shows us how to walk with Grace.

How to stay in the heart.

How to let love guide our words...love for ourselves and love for the planet...as a transformative force.

She has a different role to play than the Wild Woman.

She speaks her soul light with:

1. Sacred Intention
2. Humanity
3. An unshakeable sense of purpose

Rebirthing the Divine Feminine Voice: Speaking with Mary Magdalene

Last year, my work opened up to include my lifetime of study of feminine archetypes.

This began with dressing up when I was little as every princess, gypsy, fairy, pirate, dancer, star being, priestess, cowgirl and horse girl you could imagine.

It progressed to reading every historical novel I could lay my hands on as a girl and teenager where there was some adventure in time. The library was a dear friend.

Then I began my 'grown up' study with endless reading, discussions and courses about the archetypes of the Feminine psyche. This was accompanied by performances of assorted theatrical heroines and their words, stories and songs.

And now, in 2018, I am opening the door to include a fundamental part of my life story in my coaching work: the Archetypes of the Feminine.

Mary Magdalene in the throat chakra

I usually tune in meditatively before I write and create content.

And the being that leapt into my consciousness for the throat centre was Mary Magdalene.

That was unexpected.

So I began to research and tune in to her.

I also asked online what women felt when they imagined her speaking through them.

That was amazing.

Here are some of the responses:

“It feels like feminine Christ consciousness and open-hearted compassion for all living things <3 and super gentle energy.” - Anne

*“She would have a lot to say about clearing her name in who she is and who she isn’t.”
Karen*

“Powerful, strong, a fully embodied experience.” - Sara

“Beyond the maiden/mother/crone and is embodied the full range of feminine.” - Sarah

“Warm, rich, love-filled, musical and integrated.” - Helen

*“I had powerful waves of energy flow through my body.
The kind of love that makes a sound that physically heals just be being heard.” - Karen*

*“Love - not the romantic kind but the kind that birthed all of existence into being.”
Amanda Jayne*

“There's an incredible gentleness matched with incredible strength.” - Michelle

“Richly textured. Vibrating from my sacral centre, thru the heart and coming forth at my throat like a crystal bell that sets my whole being vibrating.” - Linda

There were many more exquisite responses. These are some who responded.

We women are powerful feeling beings!

Our beloved Magdalene, whom so many of us are reclaiming and setting free from the patriarchal stories that held her prisoner for so long, has returned.

She is an extraordinary melding of the fully embodied earth woman who is of the lineage of the highest divine energies.

She is a template and mentor for the way forward in the light of feminine Christ consciousness.

The rainbow of illumination

Mary Magdalene is a rainbow woman, with fully illumined chakras.

We have a rainbow of expression in our voice that we rarely use.

If we move beyond the practical day-to-day activities of speaking, we might look at the throat chakra as a sacred centre of truth speaking where our creative frequencies give shape to matter itself.

In the Mystery schools, the throat was the place where spiritual frequencies were birthed. In physics it is sound that constructs matter according to its patterns and frequencies. We become what we give voice to.

It is here that the tasks of the Priestess voice return again: healing, prophesy, oracular guidance, invocation, speaking the divine words of power and the language of the elemental earth wisdom.

The Inheritance of Mary Magdalene

Well, there are so many stories and I'm not here to say which is wrong or right. I'm sure that she will reveal her truth more and more as time travels and we embrace her presence as the Bearer of the Feminine Christ consciousness and Sophia, the Goddess of Wisdom in the body of a woman.

One idea I came across recently sang deep within me, however.

This idea is courtesy of Helen Martineau, author of 'Prodigal Daughters: A New Vision of Spirituality and the Inner Histories of the Arts.' (www.helenmartineau.com.au)

Helen suggests that Mary Magdalene was of the lineage of the Sibyls.

Sibyls were Greek Oracles with prophetic powers.

Such was the power of the Sibyls that when the last king of Rome bought the three remaining Sibylline books, they were guarded day and night beneath the Temple of Jupiter, by Senators whose sole, lifetime task was to protect these books and consult the prophecies.

Here are some examples of the more famous Sibyls from Wikipedia.

Libyan Sibyl

The so-called Libyan Sibyl was identified with prophetic priestess presiding over the ancient Zeus - Amon (Zeus represented with the horns of Amon) Oracle at the Siwa Oasis in the Western Desert of Egypt. The oracle here was consulted by Alexander, after his conquest of Egypt. The mother of the Libyan Sibyl was Lamia, the daughter of Poseidon. Euripides mentions the Libyan Sibyl in the prologue to his tragedy Lamia.

Erythraean Sibyl

The Erythraean Sibyl was sited at Erythrae, a town in Ionia opposite Chios.

Apollodorus of Erythrae affirms the Erythraean Sibyl to have been his own countrywoman and to have predicted the Trojan War and prophesied to the Greeks who were moving against Ilium both that Troy would be destroyed and that Homer would write falsehoods.

The word 'acrostic' was first applied to the prophecies of the Erythraean Sibyl, which were written on leaves and arranged so that the initial letters of the leaves always formed a word.

Delphic Sibyl

The Delphic Sibyl was a mythical woman from before the Trojan Wars (c. 11th century BC) mentioned by Pausanias writing in the 2nd century AD about stories he had heard locally. The Sibyl would have predated the real Pythia, the oracle and priestess of Apollo, originating from around the 8th century BC.

Cumaean Sibyl

The Sibyl who most concerned the Romans was the Cumaean Sibyl, located near the Greek city of Naples, whom Virgil's Aeneas consults before his descent to the lower world. Burkert notes that the conquest of Cumae by the Oscans in the 5th century destroyed the tradition, but provides a terminus ante quem for a Cumaean sibyl. It was she who supposedly sold to Tarquinius Superbus, the last king of Rome, the original Sibylline books. In Virgil's Fourth Eclogue, the Cumaean Sibyl foretells the coming of a Saviour – possibly a flattering reference to the poet's patron, Augustus. Christians later identified this Saviour as Jesus.

Phrygian Sibyl

Known for being conflated with Cassandra, Priam's daughter in Homer's Iliad. The Phrygian Sibyl appears to be a doublet of the Hellespontine Sibyl.

Sibylline consciousness is truth speaking from ancient clairvoyance before the Age of the Intellect.

According to Steiner, The Age of the Sibyls is over so we have to learn to speak with a different consciousness not a trance like prophesying but to be aware of what we are saying... gnosis...

Joan of Arc is said to have been the last of the Sibyls.

The Way Forward

Mary Magdalene is a guide for this new consciousness that connects intuition to thinking and the intelligence of the heart.

In the **Goddess Voice Academy** I am supporting women to speak their truth and this can only be done if the other energy centres are connected, in particular the heart chakra.

If we are to truth speak and have our voices pulse with the knowing of the cosmos, calling forth vision and guidance then we must learn to think rather than dream.

The voice is a gateway to the oracle within but the foundation for this inner listening must be practice and discernment.

We can light up our rainbow intelligence and reconnect with our ancient gifts, the voice of the body and profound insight and weave this brilliance through our speaking in our heart centred business.

Communication is a crucial skill in the art of manifestation and tuning in to the languages of these mystical lineages through study and training will raise your vibration and your ability to create abundance in all your endeavours.

Mary Magdalene is a powerful mentor and inspiration for the work of awakening your voice. Thank you for journeying with Mary Magdalene.

We move now to the third eye Goddess.



Archetype 6



THIRD EYE CHAKRA GODDESS: AUSET THE HIGH PRIESTESS

Third Eye Chakra Voice: The High Priestess/ Seer/ Isis/ Auset

Our next level in the Tower of Light of the Goddess is the Third Eye Chakra. The third eye governs intuition, inspiration and vision

Goddess Wisdom for the Third Eye Chakra: *'I trust my intuition. With love, I choose to see my reality. My spirit has a voice of purpose. I am free, empowered, wise and all loving.'*

Isis is the Goddess of Vision and Insight.

To restore the spiritual memory of the Goddess, we need divine instinctive intuition, vision, illumination and inspiration.

Isis speaks to us of the past that is re-awakening. She is the High Priestess of the Mysteries and of resurrection of the physical body. Many of us were connected to our inner magic in Egypt. We were healers and wisdom keepers. We were warmed by the sun and the great river. Our magical priestess mother/lover self awakens with Isis. We speak the words of power once more.

The History of Isis

Isis (called "Aset" by the Egyptians), a daughter of Nut and Geb, is known in Ancient Egyptian mythology as a goddess of magic. She was wife and sister of Osiris. After her resurrection via magic of Osiris, who had been killed by his brother Set, Isis was considered 'more powerful than a thousand soldiers' and 'the clever-tongued one whose speech never fails.'

In the Egyptian system, Isis is associated with the sacral chakra. She is the birther of the son of the God who brings balance to the world. In this way she is the same archetype as Mary Mother of Heaven, who continued the Goddess lineage that heralds the birth of the Sun Child to come to earth.

Isis was the 'Oldest of the Old' and the 'Temple of her Womb' was the place of Sacred Alchemy.

So why place her in the third eye centre for this work?

It is because of her voice.

The Voice of the Goddess

As High Priestess, Auset was the teacher of the Tasks of the Priestess Voice.

This was the lineage of Hathor, 'She of a Thousand Voices', that was distributed across the East and Europe through the worship of Isis.

These spiritual tasks of the voice took form and became well practiced. They formed the basis of many healing centres throughout the Mediterranean.

Sound as Medicine became fundamental until it was lost to mainstream consciousness with the rise of the Roman Catholic Church. The Romans were conquerors and they did not care for that much autonomy and healing wisdom to be in the hands of the worshippers of the Old Gods and Goddesses.

Auset used her voice to utter the words of power to change reality. And she used this power with discernment according to her vision of what would bring balance, love and divine truth back to the world.

But Isis was beloved not just in Egypt. She was worshipped in many countries and hers were some of the last Temples standing. The people did not want to let go of their sacred Goddess and it took war and violence to get them to relinquish her.

So Isis is also the High Priestess of a tradition and a lineage of wisdom and magical teaching that live strongly in the Third Eye centre.

The High Priestess of Womb and Third Eye

Isis was the undisputed High Priestess of Magic and the Voice. Women and men travelled from all over the world to train or study at the Temples of Isis and other Neteru (gods and goddesses) in Egypt.

Many psychics and historians are now beginning to speculate that the women such as Mother Mary and Mary Magdalene trained in the Priestess traditions there.

The path of the Priestess has always been one of the marriage between the sacral chakra and the third eye centre.. Visioning through the mind and visioning in the womb space were both taught.

This is SO important to understand. The Feminine vision is an embodied one. The Feminine vision leads us to a consciousness of the earth as well as spirit. There is no need to disconnect from the body. In the third eye centre, the two streams of masculine and feminine DNA, the kundalini or energy snakes, meet, and find a resting place. They form a closed circuit of the embodied experience that then travels out into the cosmos to vision, but it is embodied.

The relationship between the third eye and the throat is vital here. The vision needs to be spoken or sung into being. The vision is not for the mind alone.

Auset was equal with her husband. One was not better than the other. Together they made a whole and individually each on was in contact with their own divinity.

Then there was the descent into full blown Patriarchy for the next 4,000 – 6,000 years. Auset shows us that when we are whole as women, we can no longer be exploited or dominated.

Dreaming Guide

When we enter the dreaming space of the sacral chakra or womb, we encounter the deep dark.

This is also the case at the third eye centre.

The Goddess here will lead your through the starlit depths of space to find the light of your vision and your dreaming.

When we vision, we enter a place of pure potential before things take form. The void of the third eye contains all possibilities and all potential.

Perhaps we should hang out there a little longer!

“Modern physics is describing what the ancient wisdom keepers of the Americas have long known. These shamans, known as the ‘Earthkeepers’ say that we are dreaming the world into being through the very act of witnessing it. Scientists believe that we are only able to do this in the very small subatomic world. Shamans understand that we also dream the larger world that we experience with our senses.” Alberto Villoldo

The Third Eye

The third eye energy gives us access to the realm of the archetypes and the collective unconscious.

I find it interesting that the Sanskrit name can be interpreted as ‘command’.

Once upon a time we were indeed ‘commanded’ by the spiritual forces. The etheric flow was commanded by our inner vision, our ability to perceive the flow of the etheric life forces through the physical body.

The eight branches of Yogic practice were concerned with maintaining this flow so as to be in greatest receptivity to the voice of the Gods.

We can still use this centre in this way but the density of our physical body and the business of the mind can make it more challenging.

Training the third eye centre has been a core spiritual practice in many cultures through the epochs.

Archetypes

Ajna gives you access to the realm of the Archetypes. This is the place in the collective unconscious where the spiritual blueprint of every idea or ‘thing’ exists. When we connect with an archetype, we enable the energy and qualities of that blueprint to penetrate our physical reality, into our thinking, feeling and actions in the body.

Actors and dancers use this archetypal energy all the time. For example, in building a character, you might choose to associate that character with a lion and suddenly the lion like qualities come through in your physical gestures, your tone, your dynamic and intention while you are portraying that character.

Speaking and Archetypes

It is the same with speaking.

This E-Book explores a powerful set of archetypes for soulful business women to explore.

The Goddess Archetypes tap deep into the wisdom of the collective unconscious and knowledge of all that has ever been.

When we spend time meditating and tuning in to archetypes and accompanying archetypal energy, we find a greater synchronicity begins to flow through to our daily life. Universal wisdom can enter into the physical in a more meaningful way.

When you vision and waking dream with a harmonious third eye intention the deeper truths can 'enlighten' you and everything becomes more fluid and etheric.

The third eye as the command centre of the etheric energy can ride the wave of the archetypal consciousness and allow it to be present in an embodied way. This is called grounding our vision.

A vision must always be grounded in the end to be realised. Speaking your vision grounds it.

I love that in some Aboriginal cultures, the third eye is call the 'strong eye'. It is used for seeing spirit and to perceive the mystery and spiritual presences within the landscape itself.

"Though her soul requires seeing, the culture around her requires sightlessness. Though her soul wishes to speak its truth, she is pressured to be silent." Clarissa Pinkola Estés

Songlines

I have always been fascinated by Songlines.

As a girl in England, I walked the Leylines and in all my travels I would listen to see if a Songline, or an Earth Wisdom line were near. When we are called to work with song, we are called to the path of reclamation and restoration. Song is one of the most powerful forces for recalling ancient wisdom...almost like the archaeology of sound...memories stored in the resonances of the earth, air and water.

I spent a week on Fraser Island and decided that sourcing ancient memories held in the elements, the song secrets and the creatures of the earth is a path that will uncover and restore a more truthful understanding of the rise and fall of cultures and the magical history of human evolution.

In years to come I will create retreats to 'Awaken the Voice' and 'Sing with the Whales', who are record keepers, and tune in to the wisdom of nature as part of the process of healing and honouring our soul forces of who we are.

"...the labyrinth of invisible pathways which meander all over Australia and are known to Europeans as 'Dreaming-tracks' or 'Songlines'; to the Aboriginals as the 'Footprints of the Ancestors' or the 'Way of the Lore'. Aboriginal Creation myths tell of the legendary totemic being who wandered over the continent in the Dreamtime, singing out the name of everything that crossed their path - birds, animals, plants, rocks, waterholes - and so singing the world into existence." Bruce Chatwin

This is an exceptional way to open the third eye centre and connect with the Way of the Priestess.

Speaking with the Voice of the High Priestess Auset (Isis)

The Tasks of the Priestess Voice focus on returning the lost gifts of the Feminine Voice. There are five tasks that highlight gifts and abilities that have been devalued in the 'mainstream'. Most of these gifts are connected to the deeper levels of the principle of wisdom. Many women have huge capacities as healers, intuitives and speakers but because these capacities are part of the realm of the 'feminine gifts and powers' they are dismissed. Consequently many women doubt themselves.

Reconnecting to the Tasks of the Priestess Voice gives women confidence in their essential self to develop and empower their voice in a modern context.

And so a bridge between the ancient wisdom and modern functionality and success is built.

The Tasks of the Priestess Voice

1. Oracular (intuitive) Guidance and Inspiration
2. Invocation – the calling down of spiritual frequencies and birthing through the voice into earthly manifestation (manifesting)
3. Healing (in all forms through the voice)
4. Prayer, Words of Power and Toning to activate consciousness and memory of purpose (awakening to truth)
5. Chanting – the Enchantress to Song Heal and Sing the World back into Wholeness through awakening the Kundalini fire in the etheric Heart. Singing to heal the Earth.

Any of these keep you connected to the magic of the Feminine Principle. And you grow and deepen your alignment to your soul self carrying the frequency of woman on this planet. Please feel free to share with me your sense of the experience of the Feminine in her full flowering presence.

Gratitude for the Vision

I wish to say thank you to the High Priestess of the Nile, Auset, Isis who has been a light through the centuries for us. One of the most loving and true lights.

Her voice is returning to Earth.

Her wings are enfolding us once again so that we may feel safe to fly free.

Her harmony and her embodiment of the tree of life in the Ankh and the limitless light she offers as a bridge through our soul evolution unlocks our own light.

Empowering Your Voice With Archetypes by Dominique Oyston

She is mother and loving partner, co-creator of the path of balance between sun and moon, heaven and earth.

She is the Source of the Resurrection Mystery.

Sound with her and you sound your own rebirth.

In Egypt, Ong is the form of Aum. And so I sang with her again...a song of gratitude. I hope you sound with me - Dx

Thank you for journeying with Isis. We now move to our final Goddess in the Crown Chakra.



Archetype 7



CROWN CHAKRA GODDESS: LALITA DEVI: DIVINE MOTHER

Crown Chakra Voice: Star Goddess/Queen of Heaven/ Lalita Devi

Our final level in the Tower of Light of the Goddess is the Crown Chakra.

Connected to: Wisdom, transcendence, universality Higher Knowing, Spirituality and the Higher Self.

Goddess Guidance: *'I am one with the Universe, I am here to make a difference, I am guided by the Goddess. I am the infinite light of the universe. I am the Eternal Voice of Spirit.'*

She is Soft

She softens us so that we may move beyond the mind and beyond the deep well of womb wisdom and be present with our body to receive the light from the stars and the songs of the cosmos.

She is a portal to the Great Cosmic Mother sometimes called Sophia, sometimes Ishtar, sometimes Mary, sometimes Lalita Devi.

The space of the crown chakra is beyond our karmic ties to the earth. Therefore when we tune in here we can illuminate our thinking with ideas and inspirations that are not bound by our psychology or life experiences through time.

The crown chakra Goddess supports us to take the light from our soul star and channel it down into the mind and body and energy field.

It is a soul/spirit portal and the Goddess presence here is ascended.

She is a High priestess who serves.

Hera, Queen of the Gods, birther of the Milky Way.

Ishtar, Queen of Heaven,

Mother Mary, receiver of the Holy Spirit

Light conceivers.

The Crown Chakra

The crown chakra is called in Sanskrit Sahasrara, the lotus of 1000 petals.

It represents liberation or emancipation from the world.

The challenge of this chakra is to liberate the spirit - open to the divine - and at the same time stay firmly rooted deep in the ground.

The Seventh Chakra, located at the crown of the head, and connects us with the Universe and the Divine Source of Creation.

The gift within this chakra is an experience of unity, selflessness and the realisation that all existence is connected at a fundamental level. It allows us to experience this blissful connection beyond the intellect.

The crown chakra invites us to step past our ego and enter the field of awareness. This awareness space is often called the 'Zero Point Field', or even 'The Field'.

Tantric philosophy says that Sahasrara is a place of receiving and giving energy and consciousness. Sahasrara receives the energy to sustain life and it gives back the personal energy to unite with the realm of collective consciousness.

The symbol of the 1,000 - petaled lotus symbol indicates the many pathways to transcendence. The crown chakra is the energetic centre of spirituality and universal knowledge that links you to the Divine.

In the Crown we can open to the realisation that everything is interconnected and that we are part of the larger scheme of life. From this we start to experience gratitude, faith and trust, rather than being filled with fear and anxiety.

The Crown Chakra and Being

The root chakra is all action...the action of survival. Survival on the planet relies on our capacity to take powerful and effective actions.

In our modern culture we are completely aligned with action.

We are trained to be achievers.

The crown chakra however asks us to BE. And often to be in stillness and silence, and soften the demands of the human self.

In our modern culture, we are not trained to simply BE. Consequently we have a disconnected relationship with this chakra for the most part.

We love to meditate and vision but our mind loves action so we can often not relax into the depth and presence of this centre enough.

Embodiment

It's important to be IN your body, even if you are tuning in with the crown chakra. Whenever we are not in our body and we are doing energetic work, we run the risk of energetic intrusion.

When we are connected to our soul/spirit self through the body intelligence, as well as the mind intelligence, we can hold space for our energetic work solidly. And we run less of a risk of being thrown off balance, or thrown off course.

If you are stuck on your message, or struggling with decisions, or becoming lost because what you wish to create is SO far away, then your relationship with all three of your spiritual centres needs reviewing.

The most likely possibility is that your human self is trying to lead your soul self in a direction away from the path that your soul/spirit wishes for you or sees as best for you. Even if that path seems slower and more difficult!

Be with your field of intelligence a little longer and without trying to extract meaning. Then use your voice to tone a little to release the flow of ideas or creativity. The flow of energy between these three centres is vital for maintaining connection with the full cognitive field of the body.

Why is this relevant to the Voice?

Thoughts arrive or are processed at crown chakra. They then travel down to the third eye chakra where the 'mind' or intellect comes into play and the brain begins to analyse and create meaning from those thoughts.

You then may do one of two things. You either express those thoughts and speak your ideas, or you refrain from doing so because of an attached psychological story such as 'I'm not good enough'. This psychological story is not the discernment or analysis from the third eye/mind/intellect. It is a belief system that has grown from this lifetime or another and is overriding the communication.

These thoughts will then stay as unexpressed ideas in the throat chakra energy field.

Can you imagine what happens if this continues over a period of time?

The thought forms themselves block the flow of energy through from the upper chakras to the lower chakras and an impasse is created. This then creates a disconnect from the upper chakras to the lower chakras. The throat chakra itself then suffers.

I cannot stress enough that the voice requires intelligent usage in ways that we do not currently consider as relevant because they are energetic processes.

Blocking the Voice

The next major blocker occurs when cosmic energy in the form of creative inspiration and imagination sweeps through the crown chakra and you become motivated (inspired) to create some form or artistic expression. This can be poetry, singing, sounding, music, oratory or any art really.

Again, if you have a psychological story that blocks from believing that this artistic impulse is actually really important to your soul health and your energetic throat chakra health, and is instead is boring, or less than in value, or meaningless, or not a good use of your time, or you allow yourself to be distracted by someone else's creative projection instead (in the form of TV, games even books etc)...then you miss the opportunity to transform and transmute that very powerful cosmic energy into the material plane as something concrete, and be released.

Again, as time goes by, there is a build up or bottleneck of unexpressed cosmic creative energy in the throat centre. When we do not do the regular work of transmuting and processing energy it becomes stagnant. Stagnant energy in the throat centre means that you cannot process any kind of energetic work here properly.

These two 'tasks' of the throat centre are important and simply never addressed. This is part of what your throat is supposed to be doing regularly as a human being.

So please set aside time for both these expressions if you wish your voice to function effectively in other ways in your life and business.

The Feminine Principle of the Crown Chakra

So what is the voice of the Feminine Principle of Crown Chakra and how do we use this in the world?

In traditional ancient Indian Sanskrit, the mantra for the crown chakra was either OM or Silence.

Silence is the perfect polarity of Speaking. Speaking is an action and therefore aligned with the masculine. Silence is receptive and therefore aligned with the Feminine. If we want to experience our own Feminine Principle we tune to the inner. We 'embody' and we focus on 'being'.

In the Crown Chakra we perceive everything in nature as vibration, a subtle and sublime conversation with existence. Toning with the voice is a perfect vibrational fit for 'seeing' with the crown chakra.

Lalita Devi

I found the story of this crown chakra Goddess when I was developing my 'Seven Chakras to Empowered Speaking' program.

I also found her through a beautiful chant called 'Shri Ma'.

Her story was so sensual, so delightfully luscious and yet so pure and rich with spiritual meaning, it was irresistible. It is very long, a little like the epic Mahabarata.

She is incredibly beautiful, abundant, confident, amusing, desirable, focused, fulfilling of her promises, persistent, hopeful and almighty.

'Because of Her we can awaken the Kundalini of others after our own awakening. We can give Self-Transcendence to others, we can heal and cure sickness, and we can share the message of Divine Love with the entire world. Lord Jesus promised that He will send a Comforter, a Counsellor, a Redeemer the Holy Spirit who will teach all things that He was unable to tell.'

It is good for us to remember that in India, worship of the Goddess is taken very seriously and in a committed way.

The Crown Chakra Goddess requires our full commitment.

A Few Facts

- Opening to the Crown Chakra energy allows the Holy Spirit to flow down into the other centres.
- The Holy Spirit is an energy of light that is utterly delicate, refined, softening, restorative, cleansing, inspiring and irradiating. I have encountered it once and it was the most beautiful presence imaginable.
- In Tantra Yoga, the Crown chakra is where masculine and feminine meet as Shiva and Shakti. This meeting changes time or goes beyond the confines of time.
- The Crown chakra is beyond the mind and encounters all that is eternal in the universe.
- The universe can be seen as if through a mirror and reflects the divine self within all things.

Tradition

Lalita Devi is the Mother of the World who has promised to free the world from fear. We are meant to purify ourselves physically, emotionally, and mentally, of fear and anxiety, ego and lower feelings, to be worthy of the Mother of the Universe. Lalita is the source of universal consciousness and we hear her presence in the holiest of all verses in the ancient Vedas, the Gayatri Mantra.

'We meditate on the Inner Sun, the most splendid light in all the worlds. Please illumine our hearts and minds, and make our lives radiant!'

Cosmic Triple Goddess

Lalita Devi is autonomous and one with the Universe. No man can own her in any way. Here is an excerpt from her story.

'Smiling, Lalita announced, "Whatever I say or do is according to my own will alone. Whichever man accepts me as his wife must also accept my complete independence." Saying this, she pulled the garland from her neck and tossed it into the sky. It circled the heavens before finally landing around Shiva's neck. In this handsome, garlanded form, Shiva became known as Kameshvara, 'the Emperor of Love'. He and Lalita were immediately united in marriage, to the great delight of the assembled deities.'

The Legend of Lalita by Linda Johnsen

She spends her time celebrating love and destroying demons.

Like many other crown chakra Goddesses, there is quite a lot of demon slaying or going underground to meet death.

There is spiritual exploration of the body and seeing the temple of the body through spiritual eyes.

Lalita is the Triple Goddess in her Cosmic form. She is the omnipresent consciousness, which creates, sustains, and annihilates the cosmos.

Lalita Devi tells us of the powers of sound, mantra and yantras to overcome evil and earthly constrictions. The voice of the Goddess has absolute command and she laughs with delight at this. Lalita Devi has armies of Demi - Goddesses whom she sends to do various tasks of eliminating evil.

Lalita's home in the thousand petals of the crown chakra corresponds to the glands and nervous system that send their messages through the body to bring balance and light. She is connected to vortexes of energy in the crown chakra that lie beyond the grasp of the human mind. She must be reached through love, spiritual practice and sound in the form of chanting her mantras.

She inhabits the Mansions of the Gods where the treasures of Spirit are stored. The Hindu goal of the Seeker was to live with Lalita in these many rooms where the divine dwells. And indeed the mind control of the Yogi is legendary. It shows us what is possible when we are present with the Crown Chakra.

In Lalita's myth, it is the Feminine Principle Shakti that gives the victory and Lalita is faced with destroying evil on a cosmic scale.

There are a thousand tests that lead to the Goddess of the Higher Self and a thousand paths to take.

Lalita leads you to the very centre of our own being. She is the highest essence of your own divine nature. Although her story seems very externalised in the battles and destruction, contemplation is needed on the inner and victory is assured through the Feminine.

Chanting

The tools of the voice for the Crown chakra are chanting and silence. Both of these practices bring clarity and love. Too many women fear chanting. It is spiritual food however, that illuminates the dark spaces within your consciousness. Self harmony is also a gift to the chakra system.

“Whatever fruit may be derived from the offerings and songs, and the continuous recitations of other mantras, that fruit will be multiplied by ten million qualities for those who worship with these Three Hundred Names.”

The Divine Mother

The name Lalita means beautiful, playful, and beloved.

She is beautiful because nothing can compare to the vision of the Divine Mother. She is playful because play is a perfect antidote to the seriousness of life. And she is beloved because we wish to be in her arms experiencing the purity of her love.

Lalita offers the vision of right conduct and right action in the world. She also grants the blessings of our labours as beautiful fruits and reassure us that she will sustain us. But should you turn to 'evil', an army of goddesses will descend upon you to show you the error of your ways. You will experience instant karma.

And so we learn how to come closer to the Divine Mother.

In this system, she is the organising principle of life.

Shakespeare said, *“All the world's a stage and all the men and women, merely players.”*

This is what we face in the crown chakra, that we are particles of the Divine, playing out our lives that we may learn to return to her. Our voice flows when we show our love for our Divine Mother in our actions and thoughts.

Speaking with the Voice of Lalita Devi

Understanding yourself and your voice in this complete way...through meeting and expressing the voice of the empowered aspect of the feminine that lives in each energetic portal, supports us to know ourselves fully.

When we do this we can begin to look at others as souls, in that complete way. We can encounter their vibration and see them as complete beings.

It might make it easier to choose a partner or work colleagues, to be present and loving and clear with them.

Lalita Devi calls us to cherish life and seek exchange with others.

Seek solutions that are not combative. The Goddess voice aligned with most of the feminine energy centres is always creating and weaving a harmony of relationship in dialogue.

As we say farewell to our 7 Goddess Archetypes, I would like you to think how you can work with your voice to set more of it free in your day to day activities.

Ask...What would ...Aphrodite do? And then listen for the answer. It will come.



The Creators



Dominique Oyston

Dominique is widely known as, The Voice Goddess. With a goal to reawakening the Feminine Principle, she connects you to the signature wisdom encoded in your voice. Your unique gifts for leadership, healing, transformation, manifestation and creativity, blossom from your voice.

Your voice is a pathway for motivation, inspiration, light and earnings.

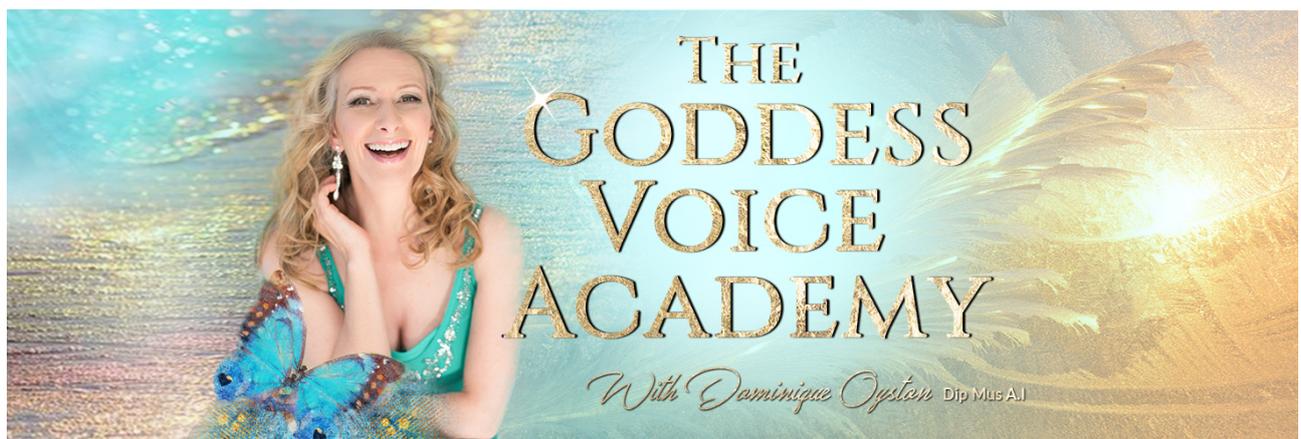
Dominique is a transformational coach, song healer, voice expert and professional international singer. For over 25 years she has performed throughout the world. She has created world first coaching programs to unlock the full potential of the Feminine Voice and works as a personal mentor, creative consultant, speaking and singing coach and performance specialist for purpose-driven women.

Alongside her exhilarating singing career, Dominique has studied yoga, dance, sound healing, mythic history, body language, spiritual healing and was raised in the theatre. She is a mum to two boys.

“I help you turn your mission, your purpose into a luminous message that creates ripples of change. I help you become the one that shines from within so clearly and easily that the world sees you, hears you and acknowledges your light.

Women are seeking their voice. I support my clients to transform that voice into a radiant, highly influential vehicle for truth, service and success.

Join me on the journey! Big love.” Dominique



Contact:

<https://www.dominiqueoyston.wixsite.com/dominiqueoyston>

<https://www.goddessvoiceacademy.com/ebook>

My FB group:

Divine Feminine Archetype Explorers

<https://www.facebook.com/groups/327329514332337/>

Or FB pages:

<https://www.facebook.com/GoddessVoiceAcademy/>

<https://www.facebook.com/goddessvoice/>

Instagram

<https://www.instagram.com/mermaidmanifestor/>

David Gould

David's career has spanned forty years as a professional singer, artist, speaker and actor. He trained as an apprentice commercial artist and then worked for the government as an artist during the day whilst performing as an entertainer at night. He is also a songwriter, lyricist and comedy writer having written for televisions 'The Comedy Company' and performed as a stand up comic and comedian on both television and stage. composer He is the proud father of four beautiful children.

www.davidgould.com.au

